

## Fitness to Drive Assessments

A guide for clients and families — when driving is affected by a medical condition, injury or disability

### **Driving matters. We want to help you stay on the road safely.**

Sometimes a medical condition, injury, or change in health can raise questions about whether it's still safe to drive. In Western Australia, this is assessed through a fitness to drive review — a normal, supportive process, not a punishment. This guide explains what to expect and how to prepare.

### **When does a fitness to drive assessment apply?**

A fitness to drive assessment may be needed at any age if:

- Your GP, specialist or treating team has concerns about how a health condition, injury, medication or surgery may affect your driving
- You have had a new diagnosis (e.g. a neurological, cardiac, vision, or mental health condition) that could impact safe driving
- You are returning to driving after a hospital admission, stroke, brain injury, or significant surgery
- The Department of Transport (DoT) has been notified of a health condition and has requested a medical review
- You, your family, or your employer have safety concerns and want an independent, professional opinion

DoT may send you a letter requesting a medical assessment, or your GP or specialist may recommend one directly. (More information — [Medical fitness to drive](#) | [Transport WA](#)).

### **What forms are involved?**

There are two forms you will need to be aware of:

| Form                                                                      | What it is                                                                                                                                                                                                                                    | Who fills it in                                                                              |
|---------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------|
| <a href="#">M107A</a> — Medical Assessment Certificate (Fitness to Drive) | The correct form for a health-condition-related fitness to drive review. Your GP or specialist completes a clinical assessment and records the outcome, and may refer you for an OT driver assessment for a more detailed, practical opinion. | Your GP or specialist completes this. You provide your details and relevant medical history. |
| <a href="#">M106A</a> — Medical Assessment Instructions                   | An instruction sheet explaining the process — for both you and your health professional. Must NOT be returned to DoT.                                                                                                                         | Reference only — not returned to DoT.                                                        |

**Important: Use M107A — not M108A — for a health condition or injury-related fitness to drive review**

## What to prepare before your appointment

Before your appointment, you (or a family member) should collate and bring along:

| ✓                        | What to bring                                            | Why                                                                                                 |
|--------------------------|----------------------------------------------------------|-----------------------------------------------------------------------------------------------------|
| <input type="checkbox"/> | <b>Your current driver's licence</b>                     | <i>Your health professional needs to note your licence number on the form</i>                       |
| <input type="checkbox"/> | <b>Glasses or hearing aids (if you use them)</b>         | <i>The assessment includes a vision check — wear what you normally use for driving</i>              |
| <input type="checkbox"/> | <b>A list of your current medications with dosages</b>   | <i>The health professional will review any medications that may affect driving or reaction time</i> |
| <input type="checkbox"/> | <b>Relevant medical reports or discharge summaries</b>   | <i>Helps your GP or specialist understand your diagnosis, treatment and recovery</i>                |
| <input type="checkbox"/> | <b>The M107A form (Medical Assessment Certificate)</b>   | <i>Your GP or specialist completes this during or after your appointment</i>                        |
| <input type="checkbox"/> | <b>Your DoT letter or referral (if you received one)</b> | <i>Helps your health professional understand what has been requested</i>                            |
| <input type="checkbox"/> | <b>A support person if helpful</b>                       | <i>Family member or carer welcome to attend</i>                                                     |

## What happens at the appointment?

Your GP or specialist will complete the M107A form. They will review your medical history, current condition, medications, vision, and any other factors that may affect your ability to drive safely.

At the end of the form, they will indicate one of three things:

- **Fit to drive** — you meet the medical criteria
- **Not fit to drive** — based on current medical information (this may be reviewed again in future as your condition changes)
- **Fit to drive with conditions** — for example, automatic vehicle only, daylight driving only, restricted distance, or a set review period

### Your GP may also refer you for an OT driver assessment

If there are questions about how your specific condition affects your ability to drive safely in practice, your GP or specialist may refer you for an Occupational Therapy (OT) driver assessment. This is not a pass or fail — it is a detailed, practical look at how you actually manage the physical, cognitive and visual demands of driving, often including an on-road component with a driving instructor.

## What happens after the appointment?

Your GP or specialist sends the completed M107A form to DoT, who review it and advise you of the outcome. If an OT driver assessment has been recommended, DoT may contact you with further instructions, or your GP or specialist may refer you directly.

## Questions?

| Contact                       | Details                                                                                                                                                                                                                  |
|-------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| DoT Driver Services           | Phone: 13 11 56   Email: <a href="mailto:driverservices@transport.wa.gov.au">driverservices@transport.wa.gov.au</a>                                                                                                      |
| ChelleCare OT Driver Assessor | If you are still uncertain about the information provided, please contact <a href="mailto:info@chellecare.com.au">info@chellecare.com.au</a> to book a 15 minute free consultation with ChelleCare's OT Driver Assessor. |

## How to Refer

Referrals are accepted from:

- GPs and specialists,
- Allied Health professionals,
- NDIS Support Coordinators and/or LACs,
- Insurers and case managers (WorkCover WA / TAC / CTP),
- Families and self-referrals.

Referral form can be completed — [OTDA Referral](#) | [ChelleCare](#).

### Contact ChelleCare

Phone: (08) 6383 7811

Email: [info@chellecare.com.au](mailto:info@chellecare.com.au)

Website: [chellecare.com.au](http://chellecare.com.au)

Suite 2, 258 Bussell Highway, West Busselton WA 6280